



707 Vermont | Lawrence, KS 66044 | 785-843-3833 | lplks.org



LAWRENCE-DOUGLAS COUNTY RESOURCE GUIDE

Updated: September 21, 2022

For updates and edits, contact Marc Veloz at mveloz@lplks.org.

*For expanded information about program guidelines & services, visit <https://lplks.org/community-resources/>

ADULT LEARNING	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-330-2133	Reading and math, GED, and ESL classes	
Peaslee Tech	2920 Haskell Ave. #100	785-856-1801	Technical and workplace skills training for a variety of fields and industries	Financial assistance and/or apprenticeship opportunities available for many programs
Lawrence College and Career Center	2910 Haskell Ave.	785-832-5900	An alternative setting that serves students grades 10-12 in Lawrence public schools, and allows them to enroll in a variety of courses;	Visit https://www.usd497.org/Domain/5852 for more information
ANIMALS	ADDRESS	PHONE	SERVICES	NOTES
Lawrence Humane Society Crisis Pet Retention Program	1805 E. 19th St.	785-856-0223	Financial assistance with pet deposits/pet rent, essential pet supplies, emergency vet care, behavior consulting, temporary boarding, wellness medical care (such as neuter and spay). Pet food supply pantry.	cpr@lawrencehumane.org . Services are provided 7 days a week. If you need help applying, contact Humane Society's Social Worker, Maddie Lockett at 515-462-0043
Animal Control	111 E. 11th St.	785-832-7509		

DISABILITY & ACCESS	ADDRESS	PHONE	SERVICES	NOTES
ARC of Douglas County	2518 Ridge Ct. #238	785-749-0121	Provides services to individuals with intellectual/developmental disabilities; including targeted case management, IEP support, independent living counseling, advocacy and training	
Assistive Technology for Kansans	http://atk.ku.edu	785-267-1717 800-526-3648	Devices and services that help people hear, see, live, learn, and work better. Device demonstrations, short-term equipment loan, AT reuse, and assistance locating funding for devices	
Bert Nash SSI/SSDI, Outreach, Access & Recovery (SOAR) Team	200 Maine St. #A	785-843-9192, ext.5	Assists with accessing social security disability and medicaid benefits for those who are precariously housed and homeless	Services only open to current Bert Nash Clients;
Cottonwood CDDO-Community Developmental Disability Organization	2801 W. 31st	785-840-1632	Single point of entry for intellectual/developmental disability waiver services eligibility and referral	
Cottonwood, Inc.	2801 W. 31st St.	785-842-0550	Full range of support for people with disabilities, including residential and employment services, MAP program hires people with any kind of medical or mental health disability	
Disability Rights Center	214 SW 6th Ave, Ste. 100, Topeka, KS 66603	1- (877) 776 -1541	Attorneys and advocates who provide free advocacy and legal services for disability rights	https://www.drckansas.org/get-help (Online Intake Form)
Independence, Inc.	2001 Haskell Ave.	785-841-0333	Services and resources for people with disabilities including advocacy, independent living skills training,	Serves families, loved ones & individuals living with physical, mental, and

			durable medical equipment loan bank, accessible transportation, peer support, accessible housing program, youth transition	behavioral health disabilities.
Kansas Audio-Reader Network	1120 W. 11th St.	785-864-4600	Reading and information service for blind, visually impaired, and print disabled individuals. We read daily newspapers, magazines and books on the air and on the internet, 24 hours a day, and we offer on demand newspaper readings by telephone.	Services are free of charge; https://reader.ku.edu/
Kansas Commission on Disability Concerns	kcdcinfo.ks.gov	800-295-5232	Extensive lists of in-state services for Braille and alternate formats, assistive technology, sign language interpreters, service animals, and more	
Kansas Dept. for Aging and Disability Services	503 S. Kansas Ave., Topeka, KS	785-296-4986	Assistance with Medicare, behavioral health services, and home and community-based service programs	
Kansas Talking Books		800-362-0699 620-341-6280	Provides personalized library support and materials in a specialized format to eligible Kansas residents to ensure that all may read	
Schiefelbusch Speech-Language Hearing Clinic	1200 Sunnyside #2101	785-864-4690	Offers comprehensive services to people with communicative disorders	
Social Security Office	1440 Wakarusa #200	800-772-1213	Learn about and apply for disability benefits; Submit Payee Disputes;	
Stiehl Behavioral Consulting		785-380-5432	ABA/autism/mental health resource for all ages	

Trinity In-Home Care	2201 W. 25th St. Ste. Q	785-842-3159	Respite and attendant care to individuals with disabilities and older adults	
Working Healthy Kansas		785-330-8602	Offers people with disabilities who are working (or interested in working) the opportunity to get or keep Medicaid coverage while on the job	https://kancare.ks.gov/consumers/working-healthy
EMPLOYMENT	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Work Professional Closet	
Catholic Charities Workforce Department	1525 West 6th Street Lawrence, KS 66044	785.856.2694	General employment program focused on helping people with resume building, interview prep, and coaching for employment retention; St.Rita Program offers support for those looking to go back to school for certification in the areas of IT, skilled trades, healthcare or life sciences	St. Rita program is more appropriate for those who have a level of stabilization and are hoping to increase current income to sustainable living wages
Cottonwood Inc Career Training Program	2801 W. 31st St.	785-842-0550	MAP Program --Employment services for individuals with any kind of medical or mental health disabilities. JobLink Division – customized employment services for people with disabilities.	Case Management & Job Skills Training included with employment service; accommodations needed to maintain employment will be provided
Lawrence-Douglas County Housing Authority	1600 Haskell Ave. #187	785-842-1533	Employment assistance & support provided to those living in public or Section 8 housing	Offered through Resident Services Department
Lawrence Workforce Center	2920 Haskell Ave. #2	785-840-9675	Resume help, job searching, career planning, Business Services such as free job postings for employers and labor market information, computer lab	

VanGo Inc.	715 New Jersey St.	785-842-3797	Employs qualifying youth ages 14-24 to make public works of art that are sold in the community.	Youth receive employability skills training, health & wellness education & social service support
FINANCIAL LITERACY	ADDRESS	PHONE	SERVICES	NOTES
Family financial Transformations (Catholic Charities)	1525 West 6th Street Lawrence, KS 66044	913.906.8938 fft@catholiccharitiesks.org	This program supports families wanting to work on building their savings, better manage finances and/or pay off debt.	Includes individualized budget coaching; financial education series; financial goals development and more;
Housing and Credit Counseling, Inc (HCCI)	2518 Ridge Ct. #208	785-749-4224	Counseling & education on budgeting, debt, credit report building, homebuying, mortgage defaults, foreclosure, bankruptcy, student loan repayment, & tenant / landlord counseling	
Kansas Loan Pool Project (Catholic Charities)	1525 West 6th Street Lawrence, KS 66044	913.433.2050	Payday/title loan refinance program. This program issues participants a new, low-interest loan in order to pay off high-interest title or payday loan balances.	Administered by Catholic Charities; call for information on eligibility requirements and application process
FOOD - FINANCIAL ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES
Double Up Food Bucks	Doubleupheartland.org	877-653-9522; SNAP@harvesters.org	SNAP (food stamps) matching program providing dollar-for-dollar matching at regional farmers' markets	
Harvester's SNAP Helpline	https://www.harvesters.org/get-food-assistance/snap-assistance	1-877-653-9522	This hotline can help you determine if you are eligible for SNAP, and then assist you with completing and filling out your application.	The team will explain the next steps after the application is submitted and provide contact info you need for those steps.

Kansas Department for Children and Families-- SNAP (Supplemental Nutrition Assistance Program)	1901 Delaware Street (Lawrence Office)	877-653-9522 (SNAP hotline) 785-832-3700 (Lawrence Office)	Provides qualifying low-income households with food benefits, access to a healthy diet and education on food preparation and nutrition	For help applying locally: Call JustFood, Ballard Center, Senior Resource Center, or a DCF Resource Agent to schedule an appointment.
K-State Research and Extension of Douglas County		785-843-7058	SNAP-Ed food and nutrition education; cooking class opportunities	
mRelief		https://www.mrelief.com/	Non profit that helps you determine if you are eligible for SNAP & then helps you apply	Visit https://www.mrelief.com/
WIC Nutrition (Women, Infants, Children)	200 Maine St.	785-856-5350	<ul style="list-style-type: none"> Personalized nutrition information and support Electronic benefit transfer cards to buy healthy food Tips for eating well to improve health Breastfeeding support program Referrals for services that can benefit the whole family 	Eligibility: for pregnant and postpartum women, infants and children up to age 5 who are determined to be at nutritional risk and meet income guidelines
FOOD PANTRIES + FREE MEALS	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Food pantry, also includes free clothing, personal care items, diapers, and some household items for the kitchen	Pantry is open by appointment only M-F, 10AM - 5PM
Campus Cupboard	1301 Jayhawk Blvd, Level 4	785-864-4060	Food pantry for KU students, faculty, staff, and affiliates	Open Monday - Friday, 9AM - 5PM; https://studentsupport.ku.edu/campus-cupboard
ECKAN	2518 Ridge Ct. Ste. 101	785-841-3357	Food pantry	Monday, Wednesday and

				Thursday. 9am to 3:30pm by appointment, only once every 30 days
First Baptist Church	1330 Kasold Dr.	785-843-0020	Food pantry; The Harvesters Mobile Food Pantry comes on the 4th Saturday of each month, from 1:00 to 2:00 p.m.	Every Wednesday 12pm-2pm; 1st and 3rd Wednesday 5:30-6:30pm
Food Not Bombs	At Lawrence Public Library 707 Vermont St		Free meals	Summer hours: Mondays at 5:30pm
Free Market at Edgewood Homes	16th and Haskell	785-764-5899	Fresh garden produce, sustainably grown by youth, is offered at no cost to anyone needing access to fresh produce and bread.	2022 End Date is Wed, October 26th. Distribution is every Wednesday, 4-6pm.
Global Cafe	920 Massachusetts		Free bagged meal or sack lunch	Weekends at 9am
Harvesters Community Food Network	215 SE Quincy Topeka, KS 66603	785-861-7700	Food Locator service to help identify pantries, drive-thru food pickup locations & kitchens where prepared meals are served	https://www.harvesters.org/get-food-assistance/food-locator
Jubilee Cafe	946 Vermont	785-841-7500	Free community breakfast meals offered at First United Methodist Church	Tuesdays and Fridays at 7am-8am; Enter through the doors on 10th Street
Just Food	1000 E. 11th St.	785-856-7030	Food pantry; accessible to a household once per calendar week; Cruising Cupboard (mobile food pantry) has weekly stops in Lawrence, LeCompton, Baldwin and Eudora. Kitchen Supplies program for families in need.	Pantry hours: Tuesday & Thursday 9am - 6pm Wednesday & Friday 9am - 3pm
Lawrence First United Methodist Church	867 Highway 40 (address for the monthly food pickup from Harvesters)		Drive-through food pick-up offered through Harvesters; free hot breakfast Tues and Fri at 7am, 946 Vermont St.	2nd Saturday of the month 11am-12pm; First Come First Served

Lawrence Freedgin Kansas Fridge Group	Located behind Latchkey Deli at 1035 Mass St.	lawrencefreedginkansas@gmail.com	Community pantry, open 24/7	Mutual aid group; takes requests for items.
LINK	221 W.10th Street (enter through the basement entrance of Church)	linksince1985@gmail.com	Free meals	Tuesday, Thursday, Saturday and Sunday at 1pm
Salvation Army Feeding and Assistance Center	1202 E 23, Lawrence, KS 66046 <i>(new address beginning October 3rd)</i>	785-843-4188	Free meals and food boxes; drop in services for those experiencing homelessness	Mobile hot lunch: Monday, Wednesday, Friday 1pm-2pm; Food box pickup Tuesday and Thursday 10am-12pm
Sunrise Project	1501 Learnard Ave	785-865-1618	Free Porch Pantry open 24/7; free meals offered 1st and 3rd Wednesdays of the month 5-6pm; Free Community garden open from dusk until dawn during spring, summer & fall;	For up to date information, please check their website or Facebook page
Trinity Interfaith Pantry	1027 Vermont	785-843-6166	Food pantry	Tuesdays 1-3pm Saturdays 10am-12pm
Westwood House	1421 W 19th St 785-592-3443		Food pantry & weekly pre-packaged meals offered for students at the University of Kansas & Haskell University.	~Pantry hours: Monday - Thursday, 4-6pm~
HEALTHCARE	ADDRESS	PHONE	SERVICES	NOTES
A Compass Project	https://www.acompassproject.org/	785-856-2631	Staff through A Compass Project can enroll and check for insurance eligibility; Medicaid eligibility assistance and education; Financial Assistance Applications; assistance with ACA marketplace enrollment & Social Security Disability Claims;	Available 2 hours each day, MON - FRI, 10AM-12PM, at Heartland Community Health Center
	200 Maine St., Ste. C	785-843-3738	Physician-ordered home health	www.kansasvna.org

Douglas County Visiting Nurses Association			nursing, therapy, social work and aide services to the home-bound and acutely ill patients; Offers not-for-profit, physician-ordered hospice nursing, social work, aide and bereavement care to patients at end-of-life	
First Med	3211 S. Iowa St., #100	785-505-5475	Walk-in clinic for minor emergencies or illnesses; Family Practice Services	Affiliated with LMH Health. Open 7 days/week.
Haskell Indian Health Center	2415 Massachusetts	785-843-3750	Family practice, dental, optometry, physical therapy, behavioral health, diabetes prevention care, pharmacy, & lab services	Health services available to any federally recognized tribal member
Heartland Community Health Center	1312 W 6th St.	785-841-7297	Primary care, dental care, pediatrics, mental & behavioral health, COVID-19 clinic, pharmacy, and food pantry are available. Medicaid eligibility and enrollment assistance.	Patients are accepted regardless of income or insurance status. Mental & Behavioral services available to established patients only.
Honor Moon Period Pantry	512 E. Ninth St, Studio #1	785-551-8884	Honor Moon is an inclusive period pantry providing free access to menstrual products 24/7	Distribution hours are on the 3rd Thursday and Sunday of every month. TH hours are 6pm-8pm, SUN is 3pm-5pm
KanCare	PO Box 3599, Topeka	800-792-4884	Medicaid and Children's Health Insurance Program (CHIP);	https://kancare.ks.gov/home
Lawrence-Douglas County Public Health	200 Maine St.	785-843-3060	Offers a variety of clinic, family, regulatory, and community services. Also offers Special Supplemental Nutrition Program for Women, Infants and Children (WIC)	
LMH Health (formerly	325 Maine St.	785-505-5000		

Lawrence Memorial Hospital)				
Senior Resource Center	745 Vermont	785-727-7874	Free, unbiased, and confidential community counselors who can answer questions about Medicare and other insurance issues. Education on issues related to Medicare and health insurance.	Call to schedule a consultation and ask to speak to a SHICK counselor
Speech Solutions	speechsolutions.co	785-550-7481	Speech therapy services for pediatric and adult populations. Can travel to clients, including to surrounding communities.	Contracted with BCBS KS, Humana, United Healthcare and Medicaid.
VA Eastern Kansas Healthcare	4821 Quail Crest Pl.	800-574-8387 ext. 54654	Primary care, pharmacy, laboratory services, behavioral healthcare, women veteran care, & tele-health care	Check out the database version of our guide to see more details about these services.
HOMELESSNESS	ADDRESS	PHONE	SERVICES	NOTES
Bert Nash Homeless Outreach Team	346 Maine Street (Old Heartland Building)	785-843-9192 ext. 3	Outreach services for houseless individuals, no mental health issues are necessary to receive services	Walk In Hours: 9:00am-11am, M-F
DARE Center	944 Kentucky St	785-856-0698	Place of refuge for those experiencing homelessness; DARE offers basic services including showers, washer, dryers, camping equipment and bus passes	Open Monday, Tuesday, Thursday, & Friday 2pm-6pm
Family Promise of Lawrence	905 Tennessee St.	785-764-9506	Serving households with children in care in areas of homelessness prevention, shelter diversion, shelter, housing stabilization	Open M-F 8-5; Case management services provided in all programs.
Lawrence Community Shelter	3655 E. 25th St.	785-832-8864	Shelter for houseless individuals and families; wrap-around services for clients include medical care, employment support, case management	Open 24/7. Call for information about openings.

Lifeline – Free Government Phone Program	https://www.assurancewireless.com/ (visit to apply)		The Assurance Wireless offer provides eligible low-income customers free monthly data, unlimited texting, and free monthly minutes. Plus a free phone.	Assurance Wireless is a federal Lifeline Assistance Program. You may qualify if you are on certain public assistance programs.
HOUSING	ADDRESS	PHONE	SERVICES	NOTES
Aging in Place Program	720 Connecticut, Lawrence KS, 66044	785-832-0777 ext. 301	Habitat's Aging in Place Program aims to provide interior & exterior home repairs for seniors unable to make changes on their own, so they can remain in their homes	For more information about projects, repayment options, and whether you qualify, call 785-832-0777 ext. 301
Critical Home Repair Program	720 Connecticut Lawrence, KS 66044	(785) - 832 - 0777 ext. 301	Habitat's Critical Repair Program provides critical home repairs and system replacements for those unable to make changes on their own	For more information about past projects, repayment options, and whether you qualify, call 785-832-0777 ext. 301
Disability Rights Center	214 SW 6th Ave, Ste. 100, Topeka, KS 66603	1- (877) 776 -1541	The DRC has funding to support certain rent, utility, or other expenses needed to rehouse people with disabilities and seniors who are crime victims and cannot safely return to their housing.	Contact the call line and request to speak to an advocate; https://www.drckansas.org/get-help (Online Intake Form)
Habitat for Humanity	2108 W. 27th St., Ste. C, Lawrence, KS 66047 <i>(new address starting November 2022)</i>	785-832-0777	Homeownership program, Home Repair program including Aging in Place & Critical Repair, ReStore which sells new & gently used furniture	
Housing Stabilization Collaborative of Douglas County (HSC)	2518 Ridge Court Rm. 202	785-424-5266	HSC exists to support community members in accessing and affording sustainable housing through rental & utility assistance, monthly rental availability list, landlord engagement and partnerships with local social service agencies.	Reach out to Gabi Sprague at gsprague@douglascountyks.org or Mariel Ferreiro, at mferreiro@ldcha.org with questions Rental & Utility Application: https://hscdqco.org/

Kansas Homeowner Assistance Fund (KHAF)	https://kshousingcorp.org/kansas-homeowner-assistance-fund/	1-855-307-5423 (KHAF Call Center)	The KHAF program provides financial relief to homeowners financially impacted by COVID. Assistance can cover mortgage payments, property taxes & charges, utilities, and more. Intended to help you get current on mortgages & avoid foreclosure	Learn more and apply at www.kshousingcorp.org/kansas-homeowner-assistance-fund . KHAF call center is available for application assistance, M-F, 8AM-5PM
Lawrence-Douglas County Housing Authority	1600 Haskell Ave.	785-842-8110	Section 8 housing voucher, veteran housing, senior housing, transitional housing program, case management services for those on the housing list	For assistance filling out the housing application, call the main office.
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Affordable rentals, accessible rental units, senior rental housing; home purchase program, homebuyer workshops, financial literacy, and budgeting.	Press 2 for Rental Management, 4 for TTH Homebuyer Program
Willow Domestic Violence Shelter	1920 Moodie Road	785-843-3333 (24/7 Hotline)	Emergency 90-day shelter for domestic violence and human trafficking survivors. Transitional Housing program for survivors. Foster support housing for youth aging out of foster support.	Contact the Willow for more details & information regarding these programs.
LANGUAGE ACCESS	ADDRESS	PHONE	SERVICES	NOTES
Adult Learning Center	2920 Haskell Ave. #100	785-330-2133	Reading and math, GED, and ESL classes	
Centro Hispano Resource Center	204 W. 13th St. (front of house)	785-843-2039	Counseling services, child development screening, interpretation and translation services, and connection to community resources for families	Families need to have children under the age of 6 to receive services
Plymouth Language Program	(online only) www.plymouthlanguage.or	text only 785-371-4810;	FREE English Classes (Level 1 & 2) with a \$5 refundable deposit,	Classes are exclusively online.

	g		low-cost Spanish Classes (Level 1, 2 & 3).	plymouthes1@gmail.com , email is preferred method of contact
Small World	2415 Clinton Pkwy.	Spanish: 785-749-3677 Farsi: 785-749-9494	English language learning program for women; five different levels of classes offered at a low cost; community and support from other women, and special activities	Smallworld.school.blog swlawrence68@gmail.com .No summer classes. Enrollment for fall classes starts September 6th.
Somos Lawrence		785.813.1098 somoslawrence@gmail.com	Somos Lawrence works to ensure non-English speaking residents of our county have access to services & resources through interventions that ease language & financial barriers; language interpretation services for Spanish neighbors	Somos assists everyone who calls, no requirements. Community attentions hours are held on Friday's from 3:30-5:30 at Ballard Center
LEGAL	ADDRESS	PHONE	SERVICES	NOTES
Elder Law Hotline		888-353-5337	For any Kansas resident aged 60 or older without regard to income. The hotline provides senior citizens access to an attorney to advise them about legal questions in civil cases and referrals to other resources when needed.	Free of charge
Free Notary Services – Lawrence Public Library	707 Vermont Street, Lawrence KS, 66044	785-843-3833	Free notary public services offered by Library Staff; notary services are available while open	Visit the Ask Desk or call our main line for more information
Justice Advice Line		800-675-5860	Open to income-eligible Kansas residents, help with civil or domestic legal matters	Advice is offered over the phone by a Kansas Legal Services attorney.
Kansas Holistic Defenders	1204 Oread Avenue, Lawrence, KS 66044	785-284-9835; micha@KansaasHolisticDefenders.org .	Criminal defense services to folks charged with a misdemeanor in Douglas County District Court; only providing legal services connected to someone's criminal case.	Individuals must be charged in Douglas County Court District;

Kansas Legal Services	712 S. Kansas Ave., #201 Topeka	<u>Topeka Office:</u> 785-354-8531 <u>Statewide intake:</u> 800-723-6953	Provides mediation services in a wide variety of cases; legal assistance for the following matters: consumer/finance, housing, education, juvenile, employment, elder law, income maintenance, family issues, health, and individual rights.	Civil legal advice & representation provided at no cost or at reduced price to income eligible persons; cannot give legal advice until there's an application on file
KU Law Mediation Clinic		785-864-4513	Provides mediation services in a range of cases as selected by the instructor. Cases can be taken from all over the community.	Clinic only takes cases from February to May. Services are free.
KU Law Project for Innocence and Post-Conviction Remedies		785-864-5571	Provides representation for prisoners in state and federal appeals and post-conviction litigation	
KU Law Tribal Judicial Support Clinic		785-864-4513	Provides research support to tribal judiciary	
KU Legal Aid Clinic / Douglas County Legal Aid Society	1535 W 15th Street	785-864-5564	Represents clients in criminal record expungement matters, gender-marker and name-change cases, and court-appointed cases for juvenile defense and municipal criminal defense	
Lawyer Referral Service (Kansas Bar Association)	https://ksbar.org/?pg=client-referrals	n/a	Free or low-cost assistance for finding a lawyer or obtaining legal advice	There is no charge to receive a referral, but participating attorneys may charge a consultation fee. After that, fees charged are established by each individual attorney.
Senior Resource Center – Elder Law Clinic	745 Vermont	785-842-0543	Attorney from Kansas Legal Services sent each month to answer legal questions from Seniors. Six, 30-minute	Takes place on the 2nd Monday of each month from 9am-12pm. Must schedule an appointment.

			appointment slots are available.	
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i>	Assistance filling out protection forms, court advocacy, and legal referrals	
LGBTQ+ RESOURCES	ADDRESS	PHONE	SERVICES	NOTES
Haus of McCoy	1046 New Hampshire	info@hausofmccoy.org	Haus of McCoy is a community hub for queer and trans youth living in Lawrence. Provides a gender affirming community closet, community meals, food pantry access, hygiene kits & products.	Community meals are served for youth on Wednesdays. Pickup time & format varies, check social media for more information
Heartland Community Health Center	1312 W. 6th Street	785-841-7294	Services include primary medical care, medication assistance, health insurance assistance, mental health counseling, substance use treatment, dental care, case management, and other HIV-related medical and support services. Point-of-care (rapid) HIV testing.	Heartland provides integrated health care for persons living with HIV infection. The Ryan White program helps Kansans with HIV who have a family income at or below 400% of federal poverty guidelines access important health services.
Kansas Name Change Project		1-800-723-6953	Free legal representation to transgender, nonbinary, and gender diverse Kansans seeking name change services and ID corrections	Provided by Kansas Legal Services. To apply call 1-800-723-6953
Legal Aid Clinic at KU	1535 W 15th Street	785-864-5564	Legal assistance for individuals seeking name and gender marker changes through Douglas County District Court	
Positive Connections	2044 SW Fillmore, Topeka	785-232-3100	STI testing, HIV testing, HIV+ care, prevention, PrEP information, ACA enrollment, free condoms	Serves all of Northeastern Kansas

MENTAL HEALTH & SUBSTANCE USE	ADDRESS	PHONE	SERVICES	NOTES
988 - Suicide and Crisis Hotline	https://988lifeline.org/	Call or Text 988	Hotline providing a direct connection to compassionate care and support for anyone experiencing a mental health related distress	Distress can be related to thoughts of suicide, mental health, substance use crisis, or any emotional distress
Bert Nash Community Mental Health Center	200 Maine St. https://bertnash.org/services/faqs/	785-843-9192 (24/7 number) 785-330-8153 (Admissions Team)	Outpatient mental health services for adults and children, psychiatric medication services, case management, transitional housing, crisis services, disability application support, IPS Supported Employment Services, and SUD treatment services	An Intake is the starting point to receive behavioral health services at Bert Nash Center; First step is to fill out registration forms, after that you will be contacted to schedule an intake assessment
Crisis Text Line	https://www.crisistextline.org/	Text Line: Text HOME to 741741 to reach a crisis counselor	Crisis Text Line is a non-profit serving anyone, in any type of crisis, by providing access to free 24/7 support via text messaging	available anytime people need support; text based service only
DCCCA, Inc	3312 Clinton Parkway	785-841-4138	Residential & outpatient services for substance abuse & mental health disorders, fostering and adopting, drug & alcohol prevention services, addiction treatment programs, non-medical detoxification.	
Great Circle	4921 Legends Dr., Suite B	913-416-2334	Free online therapy services to Kansas Residents, including children, families, and individuals	Call 1-844-424-3577 or send an email to callcenter@greatcircle.org to get started & schedule a consultation.
Heartland Community Health Center	1312 W. 6th Street	785-841-7297	Individual counseling/therapy, along with diagnosis and treatment for children and adults for anxiety,	psychiatry, mental and behavioral health services as part of an integrated,

			depression, ADHD, substance use disorder, bipolar disorder, and more	whole-person treatment plan
Heartland RADAC		800-281-0029 913-789-0951	Assessing, screening, and referrals for substance dependence support. Case management and care coordination services. Heartland Treatment Center.	<u>Call for an assessment:</u> 1-800-281-0029
Kansas Suicide Prevention HQ	2110 Delaware St., Ste. B	<u>Admin:</u> 785-841-9900 <u>Crisis:</u> 785-841-2345	24-hour-crisis line for those experiencing emotional distress & needing someone to talk to, online chat feature available; education and training for agencies & individuals; donation based therapy offerings & counseling services	Online chat at ksphq.org/help/
Kansas Support Groups	https://supportgroupsinkansas.org/		Online website used to find support group resources in Kansas	Opportunity to filter groups by the county level
Mobile Crisis Response Team		785-841-2345 (<i>Douglas County Crisis Line</i>)	Mobile Crisis Response Services are intended to respond to a person in crisis in the location where they are experiencing crisis; Crisis assessment, intervention, and stabilization services are provided on site to individuals in order to restore mental health functioning to pre-crisis levels; crisis can include psychosis, suicidality, serious mental illness, etc.,	<u>Team Availability:</u> 7 Days/Week from 8am-10pm; Mobile Crisis Response can be accessed by calling the Douglas County Crisis Line first;
Narcotics Anonymous	PO Box 991 Lawrence KS, 66044 www.miracleareana.com	<u>Info Line:</u> 855-732-4673	Narcotics anonymous offers recovery to addicts, focusing on the disease of addiction rather than a particular drug.	Serving Lawrence, Eudora, Baldwin, Lecompton, Ottawa
Positive Bright Start	1900 Delaware St	785-842-9679	Free play therapy for kids under 6 and their families	

Psychology Today	www.psychologytoday.com/us		Website used to find therapists in your area; offers a local directory of therapy providers	Opportunity to filter therapists by accepted insurance, sexuality, types of therapy used, specialized issues, etc.,
SMART Recovery Groups	bliese@kumc.edu		Self Management and Recovery Training (SMART) supports individuals who have chosen to abstain or are considering abstinence from any type of addictive behavior, such as substance abuse or gambling addiction.	Meetings online and in-person: Wednesdays, 5-6:30 Meetings Online Only: Fridays, 5-6:30
PREGNANCY & BIRTHING	ADDRESS	PHONE	SERVICES	NOTES
Catholic Charities of NE KS	1525 W 6th St.	785-856-2694	Pregnancy Counseling Program which includes free baby items and diapers, car seat and Safe Sleep training, prenatal/postnatal education, regular visits, and referrals to community partners	Program is free, voluntary, and confidential
Doulas of Douglas County	www.doulasofdouglascount y.org	785-760-3924	Offers pregnancy, birth, postpartum and parenting support to families in Douglas County. You can request a doula or breastfeeding support on website under "Meet the Doulas"	Services are available at no cost to BIPOC birthing bodies, including immigrants and Spanish speaking families.
Long-Acting Reversible Contraceptives (LARCs)	200 Maine St., Suite B, Lawrence KS 66044	785-843-0721	Lawrence Douglas County Public Health department is now offering LARCs. LARC's help prevent pregnancy, don't require any upkeep, last several years and can be removed at any time	No insurance necessary, sliding scale starting at 0\$; Minimum Age of 14, no parental accompaniment/approval required
Lawrence Douglas County Public Health Clinic	200 Maine St.	785-843-3060	Breastfeeding support, family planning, WIC nutrition; Home visiting and intensive case management services offered	Clinic Hours: Monday-Friday 8:30am-5pm (but opens at 10am on Tuesdays). Family

			through the Healthy Families, and Baby Steps Programs.	planning services operate on a sliding scale fee.
LMH Postpartum Support	330 Arkansas St.	785-505-6390	Support groups for new parents, breastfeeding, and postpartum depression and anxiety. Parenting, birthing, and breastfeeding classes offered.	
Planned Parenthood of Overland Park	4401 W 109th Street, #100, Overland Park, KS 66211	913-345-1400	Reproductive healthcare provider, providing abortion, birth control, HIV services, emergency birth control, pregnancy testing, STD testing, & women's healthcare	Services are provided with or without insurance. Accepts Medicaid. Open every day except Sunday. Call to book an appointment
RENT & UTILITIES ASSISTANCE	ADDRESS	PHONE	SERVICES	NOTES
Access from AT&T		855-220-5211	Low-cost wireline home internet service to households with at least one resident who participates in Supplemental Nutrition Assistance Program (SNAP) and who resides at an address covered by that program	
Affordable Connectivity Program	https://www.fcc.gov/acp	833-511-0311	Federal program providing a discount on broadband internet services for eligible households; The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.	Monthly discount of up to \$30 per month and \$75 per month for households on qualifying Tribal Lands; Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop.
Ballard Center	708 Elm St.	785-842-0729	Family stabilization funding available, targeted to families with children under 18 years of age	
City of Lawrence Emergency		785-832-7700	Loans of up to \$5000 (\$2500 for	

Loan Fund			mobile homes) for emergency repairs and furnace replacement	
Cold Weather Rule	https://kcc.ks.gov/consumer-information/cold-weather-rule	800-662-0027	Assistance setting up a payment plan for electric, natural gas, and/or water bills	A utility can't disconnect you when the temperature is forecasted to drop below 35 degrees Fahrenheit within the following 48-hour period
Corpus Christi Catholic Church	6001 Bob Billings Pkwy	785-843-6286	Assistance offered on case-by-case basis after all other financial options are exhausted; gas & food cards available as well	Call Tuesday/Wednesday between 1-3pm. Services only offered once every 3 months
ECKAN	2518 Ridge Ct. (basement level)	785-841-3357	Assistance with Kansas Emergency Rent Assistance applications; housing solution applications.	Must call for appt. Office hours are Monday-Friday 9 am to 4pm. No walk-ins.
Emergency Water Assistance Program (EWAP)	www.DCF.KS.gov/EWAP	1-888-369-4777 DCF.WaterApplications@ks.gov	Provides payment assistance to restore or prevent disconnection of drinking water & wastewater services;	EWAP is a separate benefit from LIEAP; eligible households combined income must be equal to or less than 150% of Federal Poverty Level
Housing Stabilization Collaborative of Douglas County	https://hscdgco.org/	785-424-5266	Rental, Utility, & Move-In Assistance for tenants in Douglas County;	Contact Gabi Sprague with questions, gsprague@douglascountyks.org
Kansas Emergency Rental Assistance Program (KERA)	https://kshousingcorp.org/emergency-rental-assistance/	785-251-8043	Rent & Utility assistance program for tenants financially impacted by COVID-19. Approved applicants are eligible for assistance with up to 12 months of current and past due rent, past due utilities, and three months of future rental assistance.	Apply at https://kera-kshousingcorp.org/ker24#/ ; can cover the cost of past due internet, electricity, water, gas & rent.

Lifeline Program (Phone & Internet Services)	https://www.lifelinesupport.org/	800-662-0027	Federal program providing low-income households a monthly discount of up to \$9.25 per month on broadband internet services or eligible phone services (landline or wireless phone); State program provides discount of up to \$7.77 per month on phone service only. Discounts from the state and federal programs can be combined.	Kansas portion of the discount may only be applied to phone service. Federal discounts can be used for phone or internet service. If you are enrolled in the Lifeline Program, you automatically qualify for the Affordable Connectivity Program; See website for guidelines & eligibility criteria
Low Income Energy Assistance Program (LIEAP)	1901 Delaware St.	800-432-0043	Heating bill assistance program available January-March through KS DCF	Apply at Salvation Army, ECKAN, and Lawrence DCF Office; LIEAP pays only one benefit per year
Project DESERVE		316-219-2121 800-383-1183	Provides emergency assistance paying energy costs for households with children or adults meeting Social Security disability criteria, people 65 years or older, and income-eligible households. Program managed by Every.	Applicants may receive a one-time payment of up to \$100-\$300, depending on their eligibility, to be applied toward an energy bill over a rolling 12-month period.
Warm Hearts of Douglas County	warmheartsofdouglascounty.com		From January 1-May 31, up to \$600 for heat bill assistance. Includes gas, electric, propane, or wood.	Apply at Ballard Center, ECKAN, Senior Resource Center, Catholic Charities, or Salvation Army
SAFETY	ADDRESS	PHONE	SERVICES	NOTES
Elder Abuse Hotline	http://www.dcf.ks.gov/services/PPS/Pages/ReportAdultAbuseNeglect.aspx	800-922-5330	Hotline for reports of adult abuse, neglect and exploitation occurring in our community.	Hotline is staffed 24/7, including holidays. If you suspect an adult is at immediate risk, contact 911.

Senior Resource Center	745 Vermont	785-842-0543	Assistance for seniors experiencing elder abuse and/or neglect	
The Sexual Trauma and Abuse Care Center	708 W. 9th St, Ste. 105	785-843-8985 <i>24/7 hotline</i>	24/7 Advocacy and response, hospital advocacy, therapy and support groups, prevention & education, Lawrence Ordinance & Safe Bar Alliance Trainings.	Free and confidential services for victims/survivors of sexual assault and abuse. For more info call the hotline
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i> 785-331-2034 <i>Admin Line</i>	Shelter, individual counseling, support groups, case management, court advocacy, safety planning	Free and confidential services for survivors of domestic violence and human trafficking
SENIORS	ADDRESS	PHONE	SERVICES	NOTES
Douglas County Visiting Nurses Association	200 Maine St., Ste. C	785-843-3738	Not-for-profit, physician-ordered home health nursing, therapy, and aide services to the home-bound and acutely ill; not-for-profit, hospice nursing, social work, and bereavement care to patients at end-of-life;	www.kansasvna.org ; Help at Home private pay non-medical care, personal care assistance, companion care
Habitat for Humanity	2108 W. 27th St., Ste. C, Lawrence, KS 66047 <i>(new address starting November 2022)</i>	785-832-0777	Aging in Place program providing critical repairs & modifications allowing older adults to age at home	
Jayhawk Area Agency on Aging	2001 Haskell Ave.	785-235-1367	Health insurance counseling, nutrition, physical fitness, in-home services, housing navigation services for seniors, caregiver support, respite services, case management;	
Project Lively	www.ldchealth.org	785-856-5353	Care Coordination program helping older adults remain independent in the home; assists with access to	Serves Douglas County seniors age 60 and older; no cost and has voluntary

			medical care, home maintenance, advanced directives, individual needs, personal care, etc.,	participation
Senior Resource Center	745 Vermont	785-842-0543	Resources and referrals for seniors and their loved ones for crisis support and critical needs, activities & social engagement	
Tenants to Homeowners	2518 Ridge Ct. #103	785-842-5494	Helping Hammers Senior Home repair program providing home repairs & modifications	Contact the Senior Resource Center for a referral
TECHNOLOGY RESOURCES	ADDRESS	PHONE	SERVICES	NOTES
ADA Computer Lab – Independence INC	2001 Haskell Ave, Lawrence KS, 66046	785-841-0333	Computer lab equipped with a variety of assistive technologies & software to ensure accessibility for all individuals living with disabilities	Open to the general public, no appointments necessary; one-on-one tech support is available
Lawrence Workforce Center Computer Lab	2920 Haskell Ave. #2	785-840-9675	Computers available for public use for anything job related; also available for assessments & testing	
One-On-One Technology Assistance	707 Vermont St, Lawrence KS, 66044	785-843-3833	Library Tech Staff are available to help with tasks like using a computer, laptop or surfing the internet; setting up Facebook, email, or other accounts; using your smartphone; or other specific technology related questions	To schedule an tech appointment, visit the Tech Desk or call 785-843-3833 ext. 139; One-on-ones are limited to two sessions per month
PC's for People	3211 Woodland Avenue, Kansas City, MO 64109	816-259-0851	Program assisting low-income communities in gaining access to low-cost internet & computers; Desktops start at \$30, Laptops start at \$50 for income eligible individuals; free digital literacy courses offered daily	Eligible individuals must have a photo ID and proof of enrollment in a government assistance program or documentation of household income under 200% of the federal poverty line to purchase a device

Senior Resource Center	745 Vermont Street, Lawrence KS, 66044	785-842-0543	Corps of volunteers who can offer technology assistance to homebound seniors; helping troubleshoot tech devices, set up printers/VCR's, and other tech related tasks	Service is offered on a case by case basis; dependent upon volunteer availability & interest
THRIFT STORES & CLOTHING	ADDRESS	PHONE	SERVICES	NOTES
Give It Get It Inc	925 Iowa Street Ste. K	info@giveitgetitinc.org	By donation thrift store and community gathering space; provides clothing, bedding, blankets, kitchen items, toys & other household items, free of charge; donations are accepted	Transportation for items provided on a need basis; Open fri-sun and by appointment at 925 Iowa street suite K.
Goodwill	2200 W. 31st St.	785-331-3908	Clothing, shoes, bags, homewares, furniture	Open 10am-8pm, 7 days a week
Habitat for Humanity ReStore	2108 W. 27th St., Ste. C, Lawrence, KS 66047 <i>(new address starting November 2022)</i>	785-856-6920	Furniture, appliances, lighting, doors, windows, plumbing, bath, cabinets, flooring, HVAC, building materials	
St. John's Rummage House	Corner of 13th and Kentucky	785-843-0109	Used items at discounted prices	Shopping Hours: Wednesday: 11am—3pm Saturday: 8:30am—12:30pm
Salvation Army Family Store	1601 W 23rd St.	785-856-1115	Furniture, clothing in all sizes, shoes, bags, homewares	
Social Service League	905 Rhode Island St	785-843-5414	Clothing, shoes, bags, homeware items, basic need items, coats, blankets; sheets, blankets, general household items; work professional clothes for job interviews;	Open for sales (no vouchers) SAT 10-4. Open for vouchers TU, W and TH 10-1;
TRANSPORTATION	ADDRESS	PHONE	SERVICES	NOTES

Independence, Inc. – General Transportation Service	2001 Haskell Ave.	785-841-0333	Accessible vehicles providing general transportation services for residents of Douglas County. Final rides begin at 4pm	Rides for \$3; schedule rides a week in advance;
K-10 Connector, RideKC	https://ridekc.org/routes/510-k10-connector		Provides public transportation services to Johnson County, downtown Kansas City, MO., Kansas City, Kan., and other outlying areas	Hours: 6am-11:30pm, MON - FRI (Services ends at 7:20 PM on Fridays); Ride service is free
Lawrence Transit	933 New Hampshire Street	785-864-4644	Reduced fares available for K-12 and Haskell students, persons ages 60+, and persons with disabilities.	Passengers seeking a reduced fare are required to prove their status through a valid state-issued or student ID, Medicare card or T Lift ID.
NightLine - Lawrence Transit		785-312-7054	After hours bus service for those needing rides in Lawrence from 8pm-6am	Rides must be scheduled during business hours. Fare is 2\$ each way.
Senior Wheels Program (Senior Resource Center)	745 Vermont St.	785-842-0543	Wheelchair accessible transportation service available M-F, 7am-3:40pm for seniors 60+	City rides: \$4.00 one-way County rides: \$6.00 one-way
T-Lift	www.lawrencetransit.org	785-312-7054	Door-to-door, shared ride paratransit service. Available to transit riders living with a disability	Call for more info and to begin the application process.
YOUTH & PARENTING	ADDRESS	PHONE	SERVICES	NOTES
Ballard Center	708 Elm St.	785-842-0729	Early childhood education program, diaper pantry, emergency funding for families to maintain housing stability	
Big Brothers Big Sisters	2518 Ridge Ct.	785-843-7359	Helps match caring adult mentors with children who need them in Douglas County	Call to schedule an appointment

Boys & Girls Club	2910 Haskell Ave.	785-841-5672	14 sites across Lawrence, providing after-school programs for children	Scholarships available
Center for Supportive Communities		847-636-2778 (Dr. Dachman)	SupportED (truancy diversion program); contracted services including behavioral consultation, workshops/trainings, social skills groups, behavior therapy, parent training, behavior management, and other assessment & treatment services	Contact Dr. Dachman to learn more;
Child Care Aware of Eastern KS	east.ks.childcareaware.org	785-357-5171	Child care resource and referral agency working to ensure all children have access to quality, affordable child care by supporting both families in their child care search	
Children & Families Mobile Crisis Helpline		833-441-2240	Over the phone support for behavioral health crisis; referral to resources or stabilization services; mobile crisis response if crisis cannot be solved over the phone;	Services available for all Kansas 20 years old or younger or those formerly in foster care
O'Connell Children's Shelter	1925 Delaware St.	785-843-2085	Residential group care, family foster care, and prevention programs	Call for appointment
Communities in Schools	1919 Delaware St.	785-856-5190; 785-330-1807, stacie.jackson@cismidamerica.org	Assistance with access to food and healthcare, after-school tutoring, mentoring, parent support, out-of-school enrichment	Serving students and families attending Prairie Park Elementary- 2711 Kensington Rd.
Early Childhood Pre-K Program	1605 Davis Rd, Lawrence, KS 66046 https://www.usd497.org/Page/1185	785-330-4308	The Pre-K readiness program provides a free early childhood educational experience for children who may not otherwise have the opportunity to attend preschool.	Children must live in the Lawrence Public Schools district area; Must be 4 years old on or before August, 31st; see website

				for program guidelines
ECKAN HeadStart	925 Vermont St.	785-842-2515	HeadStart programs serve children ages 3-5 & can provide health screenings, nutrition education, social services support, help with learning disabilities, and more	Households at or below 100% of the Federal Poverty Guideline are eligible for Head Start programs.
Heartland Community Health Center	1312 W. 6th Street	785-841-7297	Services include Pediatric Primary Care, Pediatric Dentistry, Mental & Behavioral Health.	Staff through the Compass Project can enroll and check for insurance eligibility. Heartland @ Panda Pediatrics accepts all patients regardless of income or insurance status
Healthy Kansas Kids	healthykansaskids.org	833-309-0121	Free KanCare assistance and support for children and parents/caregivers of children	Email hkk@healthykansaskids.org or call to initiate services
Kansas Dept. for Children & Families	1901 Delaware St.	785-832-3700	A variety of resources, including child support, economic and employment, prevention and protection, and rehabilitation services	Cash Assistance program, Child Care Subsidy Program, SNAP Program, Emergency Water Assistance Program
KU Child & Family Services Clinic	1000 Sunnyside Ave #2021	785-864-4416	Low-cost mental health assessment services, treatment programs, consultations, and school-based interventions	Currently full, waitlist is closed until the end of 2022
Lawrence-Douglas County Public Health	200 Maine St.	785-856-7361	Home visiting and case management services through Healthy Families, Baby Steps, and Mi Apoyo Prenatal programs	
Parents as Teachers	1605 Davis Road	785-832-5680	Personalized visits, screenings, group connections, and resource connections	
Positive Bright Start	1900 Delaware St.	785-842-9679	High-quality, low-cost childcare,	Mental health services

			childcare tuition assistance, and therapy services for children under six and their families.	open for residents of Douglas County.
StopGap, Inc.	1942 Massachusetts St.	785-856-7833	Dedicated to youth aging out of foster care. Offers an 8 week program that teaches life skills to help young people make the transition to productive adulthood	
Success by 6	1307 Massachusetts St.	785-842-8719	Home-based services, assistance with family life management, parenting education, mental health counseling	Applications for rent/utilities assistance are made by early childhood partners, not directly from clients.
Tiny-K Early Intervention	1605 Davis Road	785-330-2323	Early intervention services; physical, occupational, speech, and early childhood special education; case management.	
Tykes Douglas County	https://www.tykesdc.org/		An online resource hub for all things early childhood; serves as a one-stop shop for families, caregivers, and early childhood professionals	To learn more visit https://www.tykesdc.org/ and https://www.tykesdc.org/about
Willow Domestic Violence Center	1920 Moodie Road	785-843-3333 <i>24/7 hotline</i>	Willow offers a Positive Parenting Support Group	